





Position	Right (0 to 10)	Left (0 to 10)
 <p data-bbox="472 558 613 590"><b>Lower back</b></p>		
 <p data-bbox="505 1010 581 1041"><b>glutes</b></p>		
 <p data-bbox="472 1411 613 1444"><b>quadriceps</b></p>		
 <p data-bbox="472 1871 613 1906"><b>hamstrings</b></p>		